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Golf Fitness Training: Core to Score

By Christian Henning

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 274 pages. Dimensions: 8.9in. x 6.0in. x 0.9in. If you've been playing golf for long, you know it's true that size doesn't matter! You've seen puny punks blast drives deep down the middle and you've seen short, skinny fellows bomb their drives 300 yards or more. Hopefully you haven't suffered the humiliation of being badly outridden by some scrawny golfer that looks like he hasn't eaten in a month! It used to happen to me on a regular basis but not anymore! I got so sick and tired of being called a short knocker that I decided to do something about it. And after years of intense and exhaustive research, I finally discovered the simple secret to adding 30 yards (or more) to your drives faster than you ever imagined possible. I've distilled what it took me years to learn into this easy-to-follow book. And, I'm going to share what I learned so you can quickly and easily add distance to your tee shots and hit your drives L-O-N-G and straight. As it should be! In fact, you'll add distance to every club in your...



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