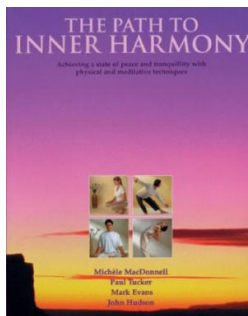


## Path to Inner Harmony: Achieving a state of peace and tranquility with physical and meditative techniques



### Book Review

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(Dr. Rodrigo Simonis I)

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