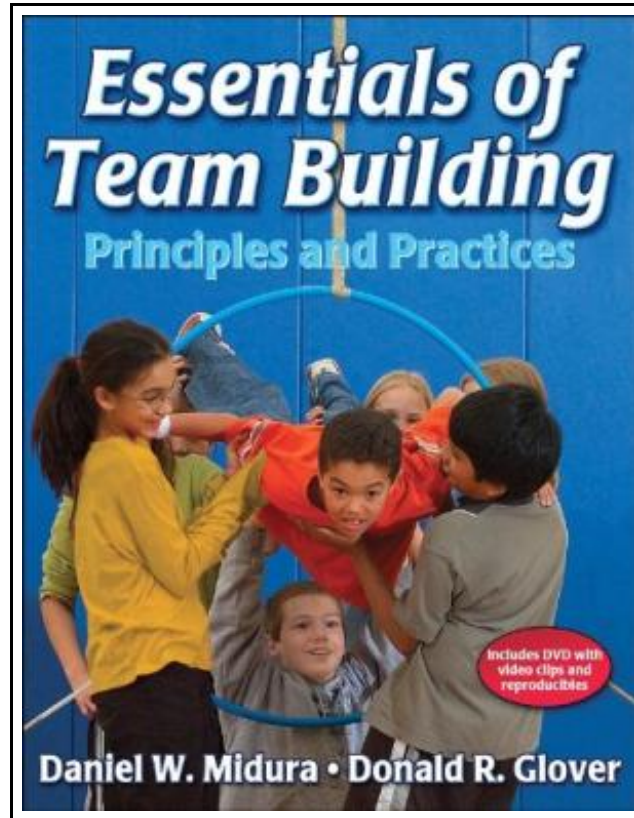


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Human Kinetics Publishers, United States, 2005. Paperback. Book Condition: New. 277 x 216 mm. Language: English . Brand New Book. Team building is a proven approach for helping people become respectful competitors, cooperative team members, and community leaders. Now you can help your students or group develop those same important skills with *Essentials of Team Building: Principles and Practices*. The authors, with two successful books on team building and 30 years of team-building experience, offer a day-by-day guide for implementing activities and challenges for individual sessions, units, or an entire semester. The activities and challenges are geared to beginning through advanced participants in a variety of settings, and they help participants develop the following valuable skills: -Problem solving-Appropriate risk taking-Building working relationships-Cooperation-Leadership and communication-Creative thinking-Building trust-Making decisions-Setting goals-Developing physical skills. In chapters 1 and 2 the authors introduce the concept of team building, including its benefits, its connection with adventure education and community building, and the process involved in building a team. Chapters 3 and 4 provide assessment tools and safety strategies. Chapter 5 offers a sample college course outline in team building. You'll find icebreaker and community activities in chapter 6, and in chapters 7 through 9 you can choose from an array of introductory, intermediate, and advanced challenges. Chapter 10 provides character development and community-building challenges, and an appendix lays out challenge cards, useful forms, reports, and examples. In addition, *Essentials of Team Building: Principles and Practices* includes-58 activities and challenges for beginning through advanced teams;-reproducible forms for organizing, presenting, and evaluating team-building challenges;-ready-to-use unit and semester plans with evaluation tools for each activity; and-a bound-in DVD with video clips of 25 challenge demonstrations and reproducible challenge and organizer cards.



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