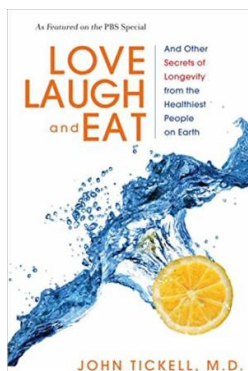


## Love, Laugh, and Eat: And Other Secrets of Longevity from the Healthiest People on Earth



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