



The Buddha in the Classroom: Zen Wisdom to Inspire Teachers (Paperback)

By Donna Quesada

Skyhorse Publishing, United States, 2011. Paperback. Book Condition: New. 178 x 132 mm. Language: English . Brand New Book. Donna Quesada had been teaching for about a dozen years when the first signs of burnout hit her. Rather than give into her frustration, she reached for Buddha's teachings--the Zen wisdom that formed the basis of her own longtime spiritual practice. She survived the semester and gradually rediscovered the joy of teaching that had been progressively declining. In this wonderful book, she shares the lessons she learned--lessons that reveal time and again: No matter the situation, it's always about getting your head in the right place first. Resolution begins in our own minds. Some days, some semesters, and even some years will be more challenging and more wearisome than others, she warns. But in *Buddha in the Classroom*, Quesada offers a lasting source of encouragement and inspiration. Although the book draws from Eastern teachings, the wisdom is for everyone, regardless of personal background, creed, or faith. With elements of *The Last Lecture* as well as *Chicken Soup for the Teacher's Soul*, this is the perfect gift for teachers--but also for anyone needing inspiration.



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Reviews

Extensive guide! Its such a excellent read. This can be for anyone who statte that there was not a worth looking at. I am just effortlessly will get a satisfaction of looking at a written publication.

-- **Melvin Hettinger**

This book will not be effortless to start on reading through but very exciting to learn. It is amongst the most remarkable book i have got go through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Dr. Easton Collier DVM**

Other eBooks



Loom Knitting for Mommy Me: Cute Designs for the Perfect Gift!

LEISURE ARTS INC, United States, 2013. Pamphlet. Book Condition: New. 269 x 216 mm. Language: English . Brand New Book. 5942 Loom Knitting for Mommy and Me Make loom-knit gifts for all the mothers, babies, and children in your life! Kathy Norris...



And You Know You Should Be Glad (Paperback)

HarperCollins Publishers Inc, United States, 2014. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.A highly personal and moving true story of friend-ship and remembrance from the New York Times bestselling...



Dude, That s Rude!: (Get Some Manners) (Paperback)

Free Spirit Publishing Inc.,U.S., United States, 2007. Paperback. Book Condition: New. 178 x 127 mm. Language: English . Brand New Book. Kids today need manners more than ever, and Dude, That s Rude! makes it fun and easy to get some. Full-color...



That Recoil of Nature (Paperback)

Charivari Press, Canada, 2011. Paperback. Book Condition: New. 202 x 132 mm. Language: English . Brand New Book. In 1598 a young Italian noblewoman named Beatrice Cenci murdered her abusive, rapist father. Her actions found many defenders but not the Romantic poet...



Odd, Weird Little (Paperback)

Egmont USA, United States, 2015. Paperback. Book Condition: New. Reprint. 190 x 132 mm. Language: English . Brand New Book. New in paperback! * At last: a humorous, useful and pedantry-free book about bullying! -- Kirkus Reviews (starred) Readers who love Louis...



The Mystery at Big Ben (Paperback)

Galloped International, United States, 2005. Paperback. Book Condition: New. 188 x 132 mm. Language: English . Brand New Book. Mimi and Papa speed away to London, England in their little red and white airplane, The Mystery Girl. Tagging along are grandchildren Christina,...
