



Sheet Pan Suppers: 120 Recipes for Simple, Surprising, Hands-off Meals Straight from the Oven

By Molly Gilbert

Workman Publishing. Paperback. Book Condition: new. BRAND NEW, Sheet Pan Suppers: 120 Recipes for Simple, Surprising, Hands-off Meals Straight from the Oven, Molly Gilbert, It's Sheet Pan Suppers - a breakthrough full-colour cookbook with more than 120 recipes for complete meals, snacks, brunch, and even dessert, that require nothing more than a sheet pan, your oven, and Molly Gilbert's inspired approach. The virtue of cooking on a sheet pan is two-fold. First there's the convenience of cooking everything together and having just one pan to clean up. Then there's the cooking method - roasting, baking, or broiling - three techniques that intensify flavors; in other words, food tastes better when cooked on a sheet pan (move over, slow cooker). But the real genius here is Molly Gilbert's fresh, sophisticated approach. There are easy dinners for weeknight meals - Chicken Legs with Fennel and Orange; Soy-Mustard Salmon and Broccoli; Roasted Pork Tenderloin with Squash, Apples, and Onions. Special occasion meals - Rack of Lamb with Herby Bread Crumbs and Buttered Carrots; Asparagus and Black Cod in Parchment. Meatless meals - Israeli Couscous - Stuffed Peppers. Plus surprise extras, including in-a-snap party snacks - Baked Brie and Strawberries, Corn and Crab Cakes...



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