



Reducing Stress (Paperback)

By M Ed Jill R White

Xulon Press, United States, 2013. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.An easy-to-read book of tips for busy teachers who are burning the candle at both ends while juggling too many plates. Written by a seasoned educator with the background of teacher, educational therapist, and principal, these ideas and suggestions are aimed at producing calmness and peace in the teacher as well as in the classroom. This book is part Jill White s series: Little Books about Big Ideas for Teachers. Look for more of the complete series at your favorite book distributor. An effective author and national and international speaker, Jill White has been a successful educator for over 30 years. She is also a powerful educational trainer and seminar presenter. Her style has been described as thought-provoking, humorous, stimulating, and above all highly effective. Teachers enjoy Jill s presentations because she challenges them to create classroom environments that help every student achieve, and she gives teachers the tools to make it happen! Not only does she train teachers in group settings, Jill is also a strong and highly qualified instructional trainer/coach for teachers in one-on-one settings....



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